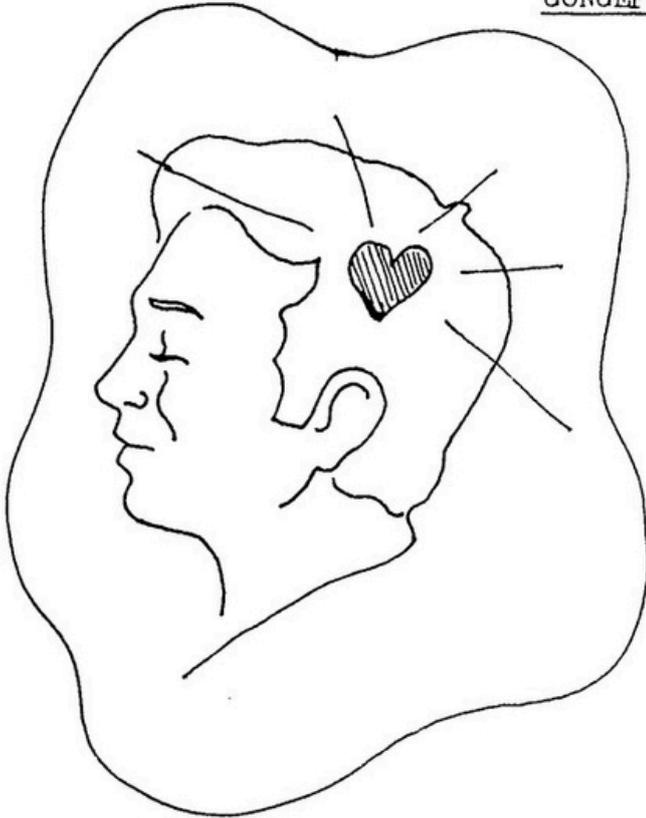


CONCEPTS OF OTHERSPURPOSE

Your concepts of others are very seldom a true picture of what that other individual REALLY is, not even when you have lived with them for years. You cannot KNOW how another feels until you have "walked a mile in his moccasins". You cannot KNOW unless you have experienced the exact same past conditioning as he has. You cannot KNOW why he acts or reacts as he does, most of the time he doesn't even know WHY.

We are constantly seeing life and others through our OWN concepts. Our concepts color the way that we see others. We do not really KNOW how the other person feels about a thing, unless we could see it through his concepts.

EVERYONE IS DOING THE BEST

Everyone is doing the best they can according to their conditioning or concepts. Therefore, it is better to ACCEPT others AS THEY ARE! Give them freedom to be an individual. If you can do this, then you are free of negative and destructive thoughts that have nothing to do with you. NO ONE CAN DISTURB YOU OR AFFECT YOU IN ANY WAY. If you are affected, it is YOUR thoughts about that person or situation that affects you.

Learning to really ACCEPT OTHERS AND GIVE THEM FREEDOM TO BE THEMSELVES is one of the most important things you could learn, because you can never really be free until you do. YOU CANNOT CHANGE OTHERS. There will always be someone doing something that you could take issue with. God has given everyone FREE WILL, so should YOU! Otherwise, you are clouding up your mind with unnecessary, frustrating, negative thoughts that are very harmful and can never be beneficial. You can NEVER CHANGE ANOTHER PERSON, but YOU CAN CHANGE YOURSELF.

DON'T SEND NEGATIVE THOUGHTS

When you are concentrating on another's seeming fault, you are going against the Laws of the Universe. Actually, you are doing him harm because you are building a negative thought pattern and sending it to him. If he does not know how to protect himself, you will be planting seeds of destruction in his mind. You will also be doing yourself harm, because these same thoughts are going through your mind. When you harm another, you harm yourself, because we are all ONE.

Thoughts are things! They are a force like electricity and they go directly to their mark. When you are thinking of another person, this THOUGHT goes TO that person.

If you are asked to help another with a particular "so-called" problem, the correct procedure is not to concentrate on the problem, but to SEE him functioning in the CORRECT WAY, according to the Universal Law. Free yourself and others by accepting them AS THEY ARE and go about CHANGING YOURSELF. Let others do the same.

HOMEWORK

Daily: Read current notes each day

Do suggestion of the week in self hypnosis each day

Listen to class tape once each day

Extra: Listen to personal tape each day

Read supplementary inspirational material to keep your thoughts going in the right direction

SUGGESTION FOR THE WEEK

I AM READY AND WILLING TO ACCEPT OTHERS AS THEY ARE, GIVING THEM FREEDOM TO BE AN INDIVIDUAL, AND TO MAKE MISTAKES, AND TO LEARN BY THEM AS THEY WILL.

I AM STRIVING TOWARD FREEDOM FROM NEGATIVE AND DESTRUCTIVE CONCEPTS, AND I NOW REALIZE THAT I WILL NEVER BE TOTALLY FREE UNTIL I CAN GIVE ALL OTHERS TOTAL AND COMPLETE FREEDOM.

I AM NOW AT PEACE WITHIN MYSELF AND WITH MY FELLOW MAN AND I MOVE FORWARD ON THE PATH OF LIGHT, MAKING CORRECTIONS WITHIN MYSELF WHERE NEEDED, AND I LEAVE OTHERS TO DO THE SAME FOR THEMSELVES, FREE FROM ANY INTERFERENCE FROM ME.



*If you are interested in metaphysical discussions visit Meta-Moments on YouTube



*If you are interested in channelings by Don visit Metatations on YouTube