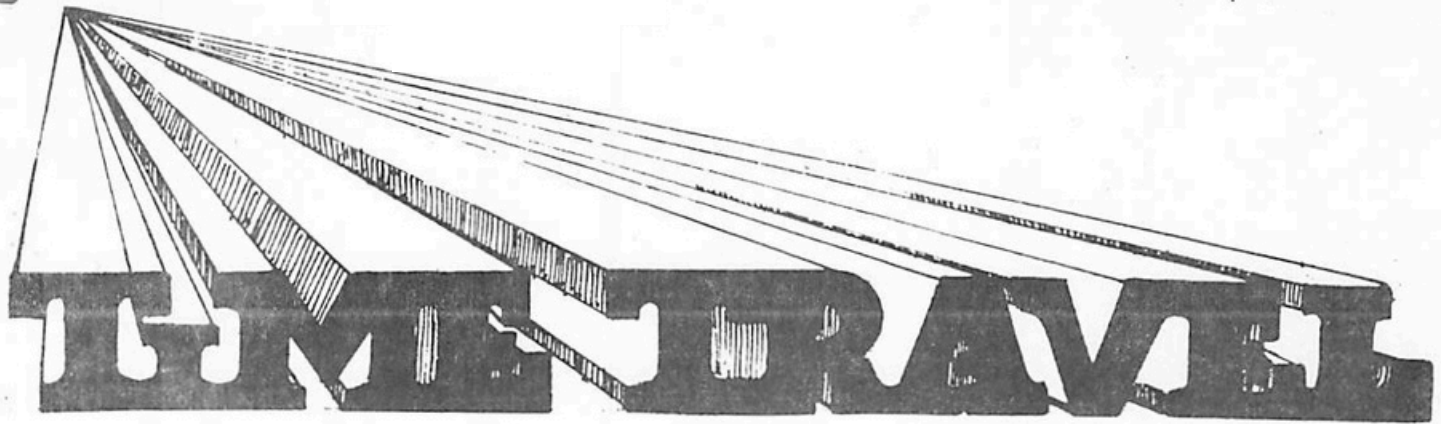


Creative Guidelines  
Metaphysical Center

Age Regression  
Lesson 11  
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#### RESEARCH IN NEW IDEAS

#### RESEARCH THE PAST

Research means to search again. With your new techniques of Time Travel and working through the Higher Self, you can

go back into the past and search through the records, the Akashic Records, and find all kinds of past experiences, all kinds of devices, machinery, tools, equipment, or whatever they may be called, that have been used in the past, bringing them forth into the present as a, so-called, "new invention."

#### WISDOM OF THE AGES

Also the Wisdom of the Ages has been recorded on the Akashic Records and is yours to discover, for your personal needs and for the benefit of mankind.

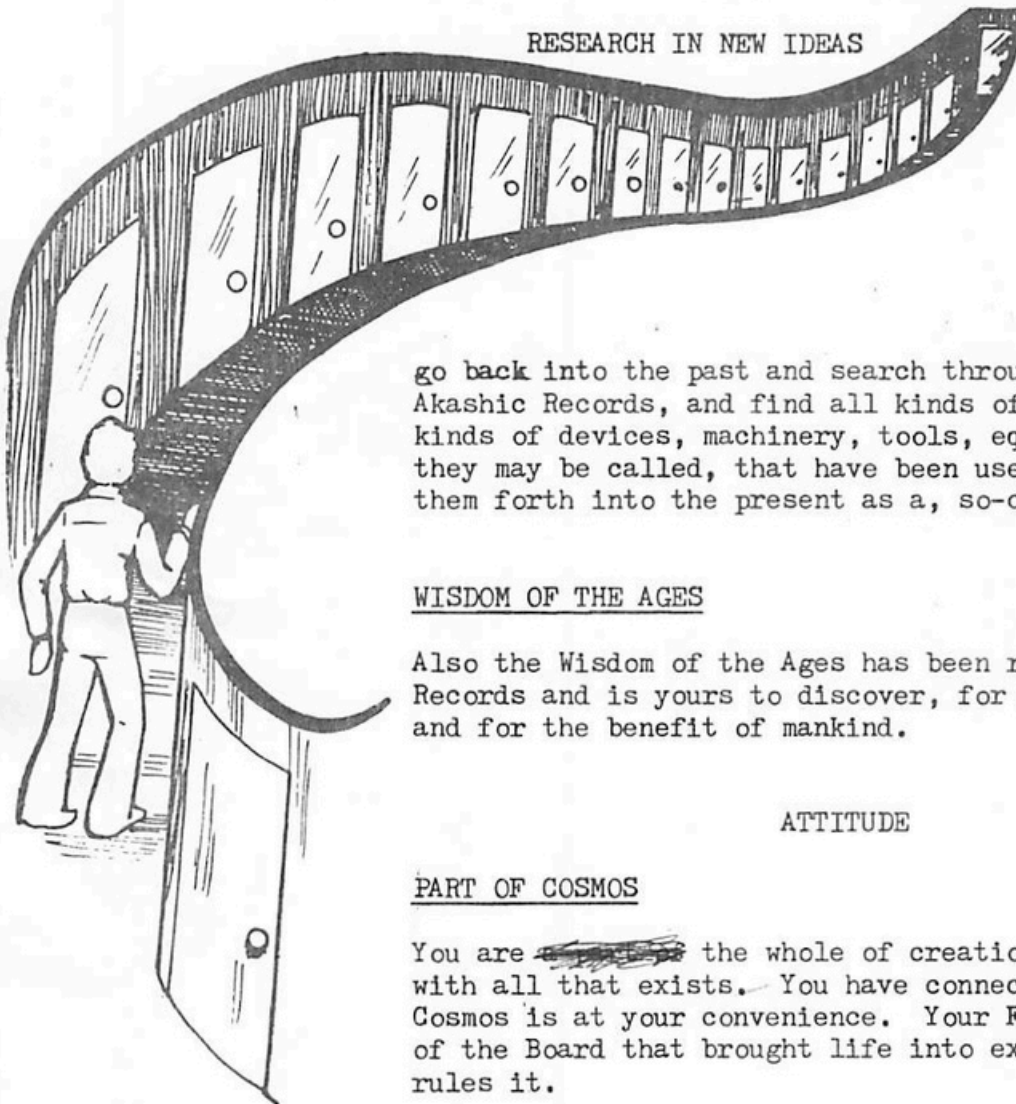
#### ATTITUDE

#### PART OF COSMOS

You are ~~a part of~~ the whole of creation. You are connected with all that exists. You have connections. The whole Cosmos is at your convenience. Your Father is the president of the Board that brought life into existence, governs and rules it.

#### HELP YOURSELF AND OTHERS

By learning the Laws of life and taking advantage of your position, you have a great advantage to help yourself and all mankind. Through the Hall of Time, you can knock on ANY door.



LOOK AT RECORDS

The records of all mankind, at all times, are at your disposal. In the Hall of Time, go to the door marked RECORDS. For your convenience, you will find them listed alphabetically under whatever heading you wish to look. The records are all here. All you have to do is look under the heading of your choice.

NEW IDEAS

There is another door in the Hall of Time you may wish to investigate. This Door is marked NEW IDEAS. In the dimensions of time, we realize that the past, present, and future are all one---here and now, in terms of Eternity. So, we can tune into new ideas that have not come into view on the physical scene, yet again.

AT YOUR DISPOSAL

Again, you will find the records of new ideas listed alphabetically for your convenience. You may like to investigate New Ideas under the headings of Transportation, Medicine, Clothes, Housing, Planet Travel, or whatever. The records are at your disposal.

ALL THINGS ARE POSSIBLE

One of the important requirements of a Time Traveler, besides an inquisitive, inquiring mind, is FULL ACCEPTANCE of the phrase---"All Things ARE Possible to Those Who Can Believe."


BE OPEN AND ADVENTUROUS

Adventure, Intrigue and a thrilling sense of Discovery are all yours, if you can have an OPEN MIND and an Adventurous Spirit.

SUGGESTION

I BELIEVE IN MYSELF. I BELIEVE IN LIFE. I BELIEVE THAT CREATION WAS BROUGHT INTO EXISTENCE BY THE DIVINE CREATOR, WHO CREATED ME IN HIS IMAGE AND LIKENESS.

I BELIEVE THAT I AM A CO-CREATOR WITH THIS DIVINE BEING. THROUGH THE GIFT OF FREE WILL, I HAVE THE CHOICE TO CREATE AS I WILL.

I CHOOSE TO DROP AWAY ALL DOUBTS AND LIMITING THOUGHTS AND ACCEPT THE ALLNESS OF LIFE AS MY OWN.

WITH FAITH IN MYSELF, AND BELIEF IN LIFE, I KNOW THAT I CAN STEP INTO THE DIMENSIONS OF TIME AND RESEARCH ANY NEW IDEA, BRINGING IT FORTH INTO PHYSICAL MANIFESTATION. I KNOW THAT ALL THINGS ARE POSSIBLE.



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