

## RAISING YOUR CONSCIOUSNESS

USE WHAT YOU'VE LEARNED

Now that you are a full-fledged Time Traveler, you have Advanced Knowledge and Techniques at your fingertips. You are now obligated to put them into USE.

TAKE FULL ADVANTAGE

To take full advantage of this work, you should raise your consciousness, placing yourself in a higher position with a greater view.

LIVE BEYOND THE PHYSICAL

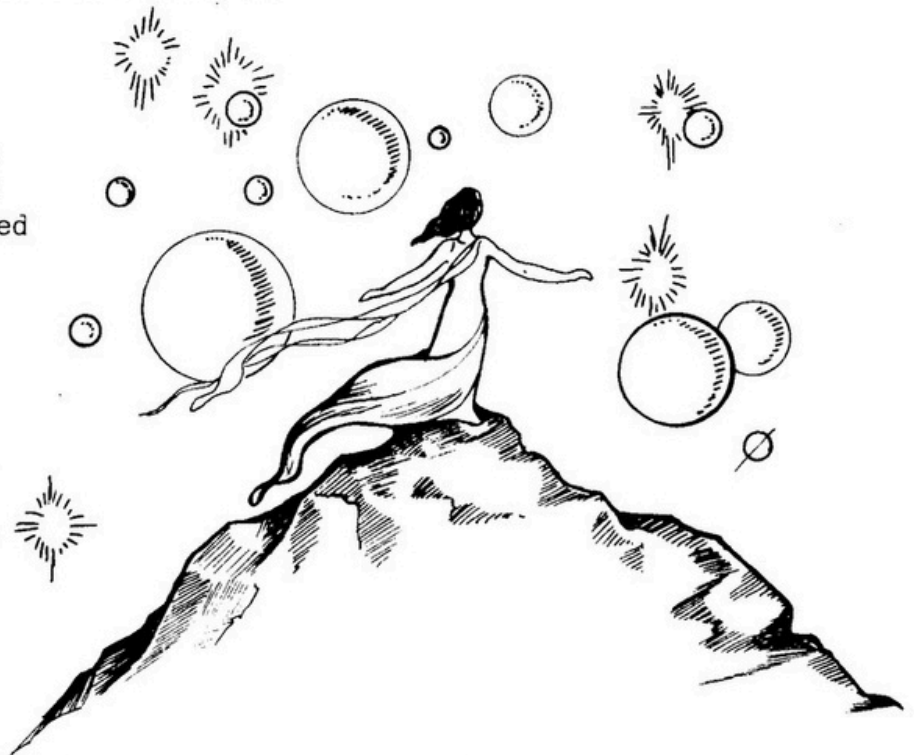
Learning to lift your view from the physical means that you must go beyond the physical or Meta physical. You must turn loose of the ordinary concepts of the physical plane, about the physical plane.

KEEP A HIGHER VIEW

Shifting your view from the ordinary concepts of illusion requires a different reference to the physical, putting it in its place in the scheme of things.

OUTER MANIFESTATION

The physical world is the outer manifestation of the inner thoughts of the inhabitants of this planet.



AVOID ENTRAPMENT

When we allow ourselves to be earthbound, we are allowing ourselves to be entrapped by effects.

RAISE YOUR CONSCIOUSNESS

To be free of this planet's outer, physical plane, is to raise your consciousness above the cry and den of this veil of tears to the Truth. You cannot listen to physical facts and know the Truth.

CLOSE OFF ILLUSIONS

So, you must close your eyes and ears to the "wail of the Sirens" of the illusions of physical.

JUST A "REFLECTION"

Physical would have you give it prime importance and worship it, when it is just a "reflection" of Reality or Spirit.

KNOW THE TRUTH

To raise your consciousness, you must know the Truth and not be fooled by the enticement of the physical.

ACCEPT THE CHALLENGE

You must accept the challenge and not run away, pretending that the "wail of the Sirens" is not there. But, you must stand fast and see through this to the Glory of God---or take the outer, physical and go within it to its heart or spirit. Within is the Reality, not the outer.

GIVE RIGHT VALUE

To raise your consciousness, you must learn to give more value to the Spirit and less value to the physical. This does not mean that you run away from your physical obligations. You are on the physical plane in a physical body for a definite reason. Trying to ignore, or pretend that the physical is not there will accomplish nothing and could bind you closer to it.

DEAL WITH PHYSICAL

You must deal with the physical by knowing the Truth about it. It is the end of the Waves of Creation. It is the lowest in vibration. It is transient, here today and

gone tomorrow. Everything in the physical is constantly changing. It is in a state of decay and will soon go back to the Primal Source. While you are in the physical, you must work to house, feed and clothe your physical "shell" but you should not let the physical be your master.

### NOW WHAT?

Now that this is completed, the big question---WHAT ARE YOU GOING TO DO WITH WHAT YOU HAVE LEARNED? It is not important how much or what you have, but it is VERY important what you do with what you have. What you do with or about what you have been given, determines how much, or what you will have in the future.

### JUST THE BEGINNING

Since you have spent the time and money to go through this Class, why not take full advantage of its Techniques and continue to work with your ability to travel in time and the other Techniques you have learned. YOU HAVE JUST MADE A BEGINNING. Move on into this, develop it more, USE it, and if you need more training or information---GET IT!

### GET GO OF THE HEAVY---AND GO UP!

One of the physical Laws is that Everything that goes up, must come down---but the Spiritual Law is that Everything that goes down, "into the lower vibrations", must come back up. You are on your way back up. Let go of the heavy, physical vibrations and let your consciousness be lifted to the height of your Soul.



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