

Creative Guidelines
Metaphysical Center

ULTRA-DIMENSIONAL AWARENESS
Beyond Time
Lesson 2/0
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TOTAL REMEMBRANCE

PRESENCE OF LIFE

Life is everywhere present in the Higher vibrations, the lower vibrations, the upper realms, the lower realms, throughout the whole of the universe, on every planet, star and sun, in the whole of the Cosmos.

ONE WITH ALL LIFE

You are one with all life in all of creation, unlimited. If your conscious awareness seems to be limited to the physical body and physical plane, maybe picking up fragments of dreams now and then, you are indeed limited, but only because of your thoughts of limitation.

OVERCOME LIMITATION

You do not have to stay limited. You have free will and you have access to the whole of life. But, if you have been thinking and feeling that you are limited to the physical body and the physical plane, then you are using your free will to limit yourself.

AWAKEN TO YOUR HIGHER SELF

You may say, "Well, I did not know!" Yes, you do know if you will awaken to the deeper Higher part of yourself and get off the merry go round habit of thinking limitation.

KEEP MOVING

Be brave enough to move your consciousness out of the 2% rut into the glorious radiance of more of the total of life that you are and KEEP MOVING.

KNOW THE REAL YOU

Let one demonstration push you higher into another insight. Get acquainted with more of the Real you on other dimensions. Insist on results, and results you will get, if you keep on insisting.

TIME TO UNMASK

But, if you are satisfied with the masked person you pretend to be on this plane of illusion, then you may remain on the lower levels for many lifetimes to come.

REMEMBRANCE WILL COME

If you are not bringing back the remembrance of at least some of your experiences on Higher Levels while your body sleeps by now, you should be much more determined with that self of you, and INSIST on results.

YOU DO IT!

No one else can do it for you, and to be lost in time on these lower levels is hell indeed.

HOLD ON TO REMEMBER

Live in the present moment to the fullest every moment of your physical state and the moment you leave your body to the other levels, take your "thread of memory" with you and hang onto it and bring it back when you return to the physical and immediately record your experiences.

IN THE BEGINNING.....

If, when you return you don't seem to remember, take pen or mike in hand and start recording by saying--"As I left my physical vehicle on date, the Light became brighter as I moved upward in consciousness__" and assume the role and let the experience unfold before your inner eye as you record it, word by word if necessary.

CONSCIOUS OF SLEEP LIFE

You do have a life on the other side of sleep and it is time for you to become conscious of it, so that more of your Real Self comes forward into the physical play, until it no longer controls you. For you know the Truth and the Truth sets you free, free of the illusions, so that your life can become more real and meaningful to you.

SUGGESTION

I NOW REALIZE THAT I AM A MULTI-DIMENSIONAL BEING, CAPABLE OF MANY THOUSAND TIMES THE PRESENT CONSCIOUS AWARENESS OUTPUT.

THROUGH THIS REALIZATION, I AM PUTTING MUCH MORE ABILITY AND UNDERSTANDING INTO MOTION IN THE NOWNESS OF THE ETERNAL LIFE THAT I AM.

I AM



MULTI-DIMENSIONAL BEING!



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