

CREATIVE GUIDELINES

TIME TRAVEL

SERIES #1

CLASS #1

Age Regression is the ability to go back in time and remember, re-live and re-experience the past in your mind.

This could be something that happened yesterday, last year, last life-time or many lifetimes ago.

Many people have received flashes of scenes, words, knowings, etc. that they believe came from the subconscious memory of past lives. You may have met someone "for the first time" that looks so familiar that you just know you MUST have known them at some other time.

Our world is getting smaller all the time. With our advanced technique to travel so fast and with the ability to bounce off a signal from Tel-star, we can see on television what is happening on the other side of the world.

Even our universe is getting somewhat smaller with the landing on the moon and unmanned space ships going to other planets millions of miles away.

All of these things happening in our modern speeded up world is helping us to open our minds up to the idea of greater and greater possibilities that we have considered unlikely or even impossible before.

The world and universe seem smaller because we have more control over TIME. When you have more control over time, you have more control over SPACE because the two are locked together. Time is measured by how long it takes the earth to revolve, thus making the sun seem to set and rise again.

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The purpose of this Class is to teach you HOW TO OPEN THE DOORS to the memory banks in your subconscious mind, and go back in time, recalling the past even in other lives, so that you can become more AWARE of your history and get better acquainted with yourself.

By looking at your past lives you can become aware of patterns that may even carry over into this life. This could be very helpful to make corrections in the present life.

Also, the reason for these Classes is to help you to become aware of your PURPOSE in this present life. By working out the karma of this life quickly through wisdom, you can speed up your patterns that are planned for the future and move into a Higher State of Consciousness much sooner.

This could give you much more control over your total self and your total life. You are meant to have control of your life, your total life, not just this physical plane that is just a small part of your existence.

You must first take control of your mind and emotions. A part of your mind is your MEMORY BANKS, your records of ALL the past. Resolve now to be OPEN to your total self and your total life. Your past is a part of your life as well as the present and future. Be willing to remember your past so that you can have a better present and take control of your future.

Forgetting is running away or hiding from yourself. Remembering is the first step to facing up to the past and doing something about it.



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