



HOW TO MAKE MORE MONEY

Series #1
Class #2

Concentration

The ability to see anything through to its successful end will require concentration. To be able to hold your mind, your thoughts, on what you are doing, what is in front of you at the moment, long enough to accomplish that which you would do is one of the most important abilities.

When you are preoccupied with worry, doubts, anxiety or any of the other negatives, you are directing your life forces away from the goal you would reach. You are dissipating your power, your energy and thus nullifying any progress you have made. Even if your thoughts are not negative, but they are somewhere else, the lack of results are the same.

When you make a decision to do or create something, say to yourself, "I am allotting this time to this particular project and I give my full self to it for the amount of time I have set or until completed."

The Life Force that you are comes from the center of your being, the center of all Life and It carries the Creative Force and the Wisdom of all ages, all times with It and can be molded and shaped into whatever you decide, because you are one with all Life and all Life is one with you.

Life Force follows thought and when you put your thoughts on trivia or inconsequential things that have nothing to do with accomplishing your goals, then the Creative Force and Wisdom, that should be going into your projects, is inactive and has no power or just half power which falls short of the accomplishment you would make.

The ability to concentrate can be learned with a little practice every day. You can hold your attention on the point of a pencil or some other object to see how long you can hold your thought on the one thing without allowing any other thought into your mind. Use the second hand on your watch to time yourself. In a few days you will increase the time and this will give you encouragement to continue your practice.

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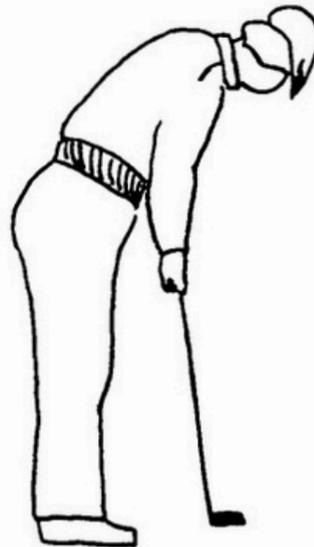
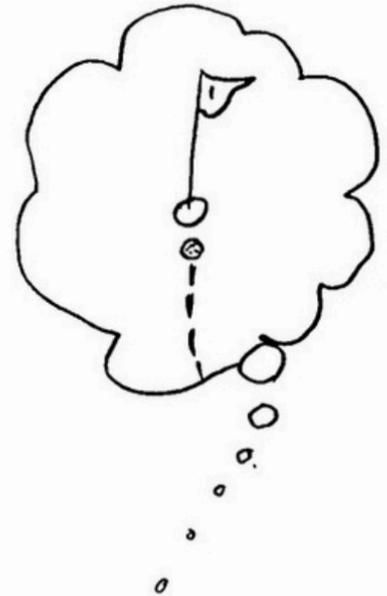
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Another exercise is to sit or lay in a comfortable position where you will not have to move your body or be aware of it so much, close your eyes, and hold your mind still. This may seem an impossible feat to you, but after a week's practice, three times a day, you will see improvement.

Effortless effort is the key to holding the mind at the control of your conscious, reasoning, logical mind. Remember, the subconscious level of the mind does not have the reason or logic to work with, so it has no reason to be still or hold its attention on one thing until completion. It is like a spoiled six year old child and will continue to be unruly until you teach it the discipline and order that is necessary. Also remember that the emotions are of the subconscious and if the negative emotions are allowed to dominate the individual's life they can interfere with the orderly rhythm that brings about the success of making money or any other endeavor.

Concentration is among the most important ingredients in the ability to be successful and make more money. To be able to hold your mind and thoughts on a given situation, that will result in making more money or improving your skills at success, will bring through the answers. It is when the mind and thoughts are distracted away from that which you wish to give your attention, that your forces are scattered and dissipated. Thus, the outcome is no result or less result than is needed to be successful and make more money.

Concentration is making a firm decision to hold your mind on the one thing that you chose to concentrate on without deviation. If your mind wanders to something else, other than what you have chosen to think on, pull it back with a sharp command, saying, "I am not this body, I am not this mind. I am Spirit, a point of consciousness that has a mind and a body. I, the point of consciousness, the real identify, am the boss. I am in charge of this mind and I am in charge of this body and they will do as I direct."



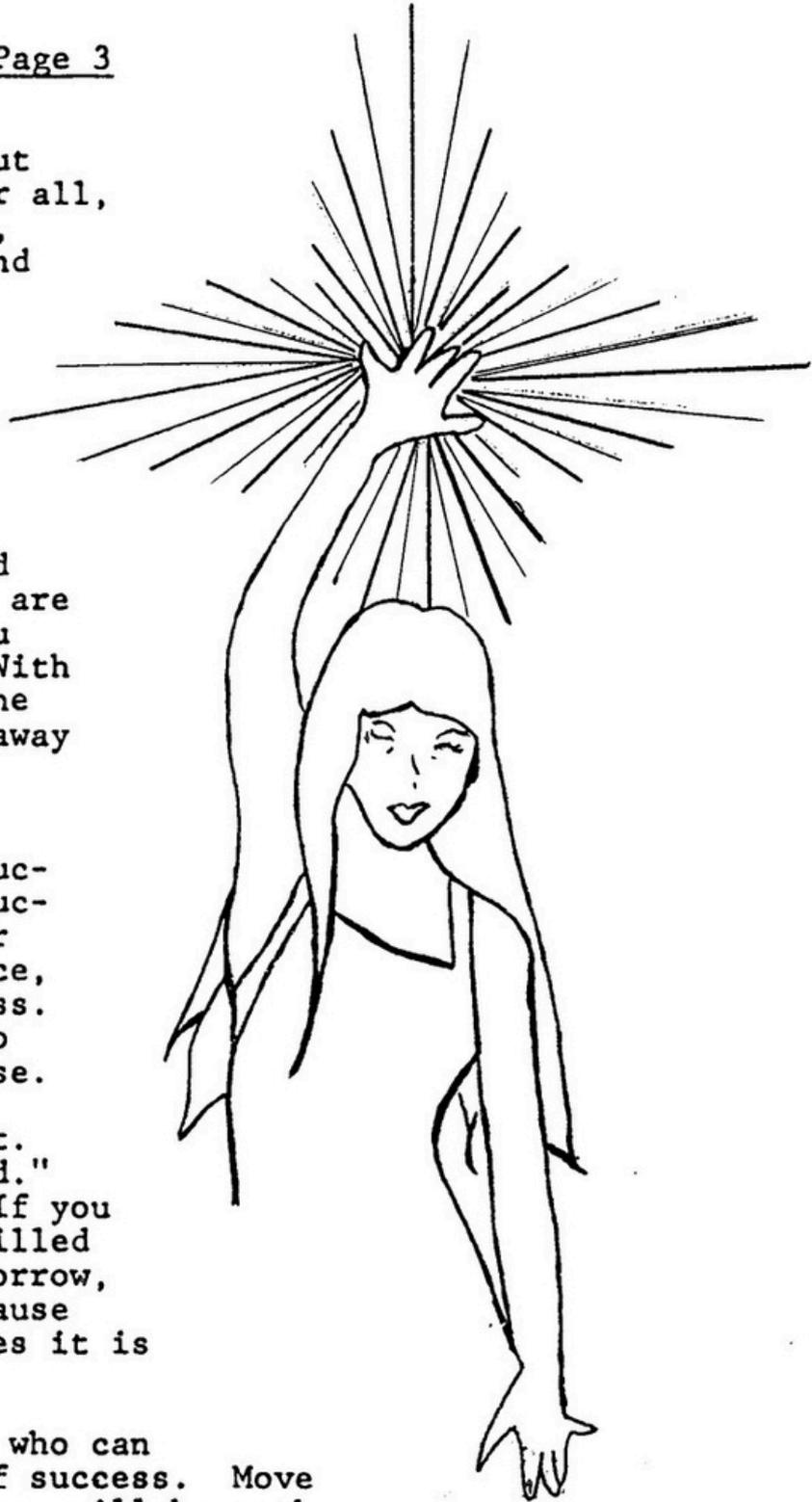
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Be firm with yourself, but without criticism or condemnation. After all, the mind and body are your tools, your instruments that you have and use to accomplish your goals, just as your house and your car are for your use and comfort, so are your mind and body. You would not let your auto tell you to turn left when you want to turn right, or your house lock you out of the shelter from the rain. Your mind and body are no different. They are yours to command, but command you must or they will command you. With the negative conditioning from the past they will lead you astray, away from your goals, into a state of hell.

Do you wish a consciousness of success? Then assume the role of success. If your mind and body veer off into the darkness of ignorance, then take the helm and be the boss. Insist upon your Divine Rights to create the kind of life you choose.

"The fields are ripe unto harvest. The day of deliverance is at hand." Now is the only time there is. If you put off accepting your success-filled state of consciousness until tomorrow, you are dwelling in illusion because tomorrow never comes, when it does it is today.

All things are possible to those who can believe. Accept the challenge of success. Move forward with the first step and you will have the courage and strength to take the second step that will double your courage and strength to walk on.



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Read the following suggestion with feeling, emotion and conviction, five times a day, throughout the day; morning, mid-morning, noon, mid-afternoon and evening.

SUGGESTION:

I AM THE MASTER OF MY FATE. I AM A POINT OF CONSCIOUSNESS, ONE WITH ALL LIFE AND ALL LIFE IS ONE WITH ME.

I AM NOW TAKING FULL CONTROL OF MY MIND AND BODY AND WHEN I WISH TO PUT MY FULL ATTENTION ON THE SITUATION THAT IS IN FRONT OF ME TO REACH MY GOAL, I INSIST THAT MY MIND AND BODY COOPERATE WITH MY CHOICE OF THINKING AND/OR ACTION. AFTER ALL, I AM THE BOSS. I AM IN CHARGE OF MY TOOLS I CALL THE MIND AND BODY. WHEN I DECIDE HOW I WILL USE THESE TOOLS, THE MIND AND BODY, THEY WILL FOLLOW MY INSTRUCTIONS TO THE LETTER. I AM THE BOSS.

I, THE POINT OF CONSCIOUSNESS, THE REAL IDENTITY OF MY EXISTENCE, AM IN CHARGE OF MY WORLD.

I, THE POINT OF CONSCIOUSNESS THAT I AM, AM AT ALL TIMES AWARE OF MY POTENTIAL, WHICH IS LIMITLESS. THROUGH THE ABILITY TO TAKE CHARGE OF MY FULL SELF ON ALL LEVELS AND CONCENTRATE THE POWER OF MY AWARENESS ON ANY GOAL I CHOOSE, I CANNOT FAIL, BECAUSE I AM ALL OF LIFE AND ALL OF LIFE IS ME. I AM SUCCESS IN ACTION, THROUGH MY ABILITY TO CONCENTRATE AND DIRECT THE LIFE FORCE THROUGH MY MIND WITHOUT DEVIATION.

I AM.



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