

Creative Guidelines
Metaphysical Center

Age Regression
Lesson 6
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The Higher View

HIGHER VISION

To see things from the Higher View is to see the Truth from the point of True Reality.

OVER-ALL PICTURE

The Higher View gives us the over-all picture from a long way through the past to a long way into the future.

REMOVE BLINDERS

As we take off the blinders of this physical plane and give credit to much more of life, we are able to view the physical level in a different way.

BETTER UNDERSTANDING

Be seeing the over-all picture of life, we get a better understanding of what life is all about. With the ability of the inner image, let us ascend to the Higher Levels. Let your thought of a Master or Higher Teacher help you to lift your sight. Think how they would think. Feel how they would feel. See how they would see. Act as they would act. BE as they would BE.

NEED PATIENCE AND MEDITATION

Be patient with yourself and meditate often on this until you are able to tune into the Higher View.

THE HIGHER SELF

YOUR HIGHER SELF

The Higher Self of you, that part of you that is made in the image and likeness of the Creator, is within you and is available to you, to your conscious, everyday self.

ACCESS TO ALLNESS

The Higher Self of you has all Knowledge, all Wisdom, all Power and all Ability and, through your Higher Self, you have access to this ALLNESS.

PERFECT PATTERN

The Higher Self is the Perfect Pattern that you are evolving towards and will one day, when you give up all other patterns, operate through your Higher Self ONLY.

YOUR FREE WILL

You have Free Will and can CHOOSE to think negative and fearfilled thoughts and, when you do, you are NOT functioning through the Higher Self, but through the little self. With each fearful, negative thought, you are building negative karma that will have to be corrected sometime.

LIVE FROM THE HIGHER SELF

Start now to learn to function through the Higher Self more often and improve a little each day and soon you will move into that Perfect Pattern in a permanent way and you will be FREE.

A TECHNIQUE TO GET INTO THE HIGHER SELF

Go within, completely turning loose of the outer. Use the Inner Image to see a beautiful stairway with 10 steps, each step a different color and a Higher vibration. At the top is the PURE WHITE LIGHT of the Higher Self.

On the inner screen of your mind, see yourself taking the first step upward, feeling a difference as you pause on this first step. Take each step upward after you have adjusted to the Higher vibration.

Take time to feel into the difference of vibration with each step upward. As you get past the 6 th step, you will begin to feel the great power from the Christ Light at the top. Such Great Love, such tenderness and Great Compassion.

As you take the last step, you step right into this all encompassing Light and you feel yourself going out, out, out, becoming ONE with all creation. With a euphoric feeling of expansion, you pause to get used to this Great Height.

You are now at One with all creation. You may ask anything and all will be revealed to you. Bask in the warm Love of this Great Being that you are. Use the Light of Understanding from this height to know what you will.

As you come back to conscious awareness, bring with you the vibration, the feeling, the Light and Love of your Higher Self, and take it forth into your conscious everyday life.



Bon Voyage

PAST



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