

Creative Guidelines  
Metaphysical Center

Spiritual Intensity  
Lesson 6  
Copyright 1978

LIVING FROM WITHIN--OUT

BECOME ONE

As we learn to dwell in the Most High Place, within that state of Being that is Pure Spirit, we become ONE with the Father's Love and Light, and the radiance of Divinity flows from the center of Life within--- to light the way for us and all we come in contact with.

ABOVE - DOWN

The order of life is from ABOVE-DOWN, or from WITHIN-OUT. So, let us continually begin the living of life from WITHIN, riding the Wave outward, but holding the power and beauty of the Spirit as we EXPERIENCE the outer.

ALL RADIATES

The beginning of the creation and re-creation of life from the center of all life that is within, is every moment radiating Its life-giving POWER to all creation.

CONTINUOUS BEGINNING

When we transcend TIME and SPACE we see that you and I and everyone is at the CENTER and the beginning is ALWAYS Beginning.

Look now with the eyes of Spirit and see that the Center, the Beginning, the Radiation Outward, and the creation IS ALL ONE, THE SAME LIFE, THE SAME CENTER, THE SAME BEGINNING.



AWARENESS BEGINNING

These statements of Being can be the beginning of your AWARENESS of the Truth of Life as it is from the God Head.

YOU ARE FREE!

As you see through the eyes of Spirit, the True Reality of Being, you become ONE with It in Consciousness as you have ALWAYS been in Reality. The Concepts of limitation drop away and you are a FREE SPIRIT---free to roam the universe and all dimensions---free to transcend "time" and "space" and DWELL AT THE CENTER OF CONTINUOUS BEGINNING.

## MEDITATION OF THE WEEK

THE RADIATION OF LIFE IS FROM WITHIN-OUT, FROM ABOVE-DOWN, AND AS I TRANSCEND TIME AND SPACE, TRAVELING ON THE WINGS OF THOUGHT AND THE HIGHWAY OF IMAGINATION, I LEARN TO DWELL AT THE CENTER OF MY BEING: THAT IS THE CENTER OF ALL LIFE, AND RIDE THE WAVES OF LIFE THAT ARE PULSATING OUTWARD TO ALL CREATION, AND MINGLE IN THE OUTWARD PLAY, BUT STILL REMAIN AT THE CENTER OF BEGINNING.



\*If you are interested in  
metaphysical discussions visit  
Meta-Moments on YouTube



\*If you are interested in  
channelings by Don visit  
Metatations on YouTube