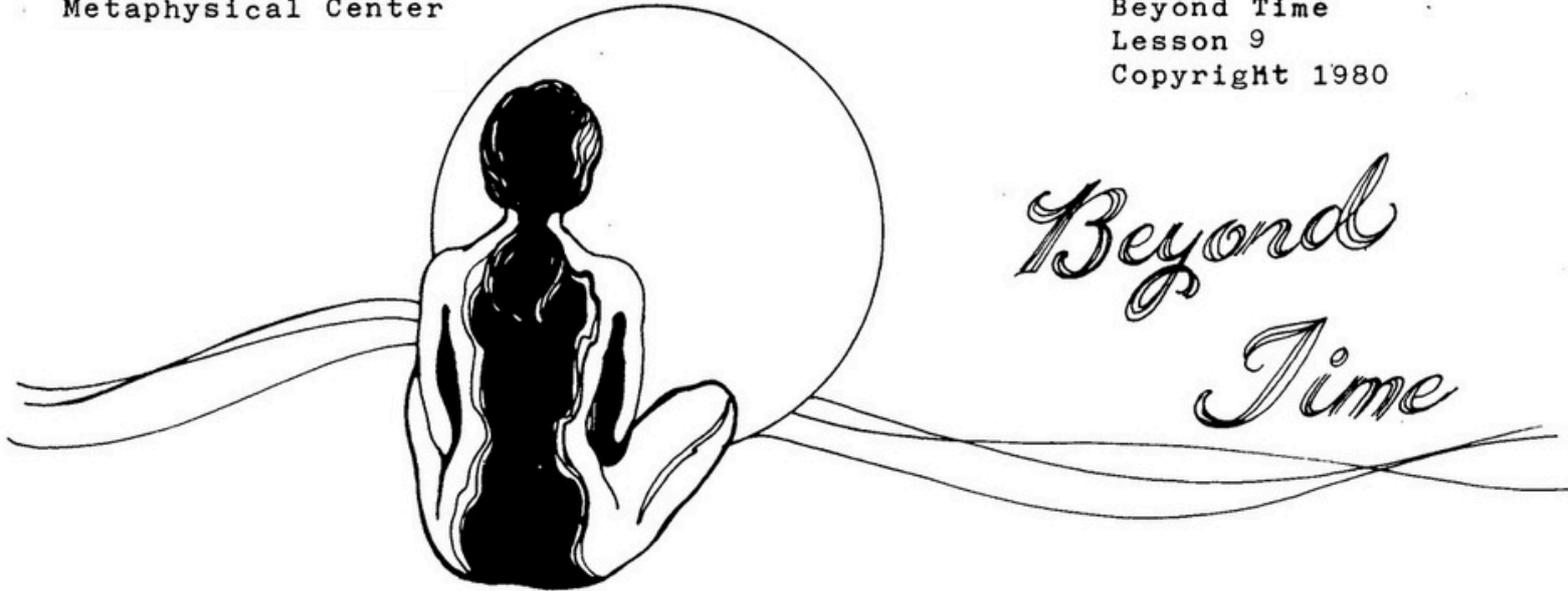


Creative Guidelines
Metaphysical Center

ULTRA-DIMENSIONAL AWARENESS
Beyond Time
Lesson 9
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*Beyond
Time*

BECOME ALL THAT YOU ARE

YOUR RIGHTFUL HERITAGE

Accepting your rightful heritage of the fullness of all Life everywhere present at this moment is the way to freedom from the illusions of the lower realms.

ILLUSION FREE

The freedom from illusion can only be replaced through the clear understanding of the Higher Reality of Beingness in the ever present now.

NO DUALITY

You are right now the whole of existence, as you reach the complete understanding that there is no duality. To divide Life into fragments is to delude yourself into believing in the illusions of the game playing roles of personality.

WHOLE OF LIFE

Look deep within yourself and you will see the whole of Life in the life that you are.

IDENTIFY THE I AM

When you meditate, go within the spirit of your being and identify the I AM that you are with the whole of Creation everywhere present in all of life.

YOU ARE MORE THAN YOU SEEM

As you move the physical body about on this physical plane, you seem to come in contact with other bodies, grass, trees, birds and many other expressions of the one and only Life. Look deep within yourself as you use your physical eyes that seem to look outward and see yourself, the one and only Life in all that you see.

EXTEND YOUR VISION BEYOND

Look beyond the seeming, outer frame that is called a human, a bird, a tree, and see the one Life Force in all that you encounter, as yourself, as one with you, one with the sun that shines so brightly in the sky of our consciousness. As the mother earth of our being turns around, shows us the many stars in the Crown of the Christ Self that we are.

BECOME ALL

Reach out with your Higher Understanding and become all that you are, for you are all and all is you. Feel the great surge of Life as it flows through the universe that you are, blending with the galaxy of the Cosmos. Enrapt yourself with the wealth and richness of all of Life that you are.

LIVE IN FULL REALIZATION

As your consciousness of meditation moves your awareness back to the play enacted on the physical stage and props, move into your role with the full Realization of your Divinity.

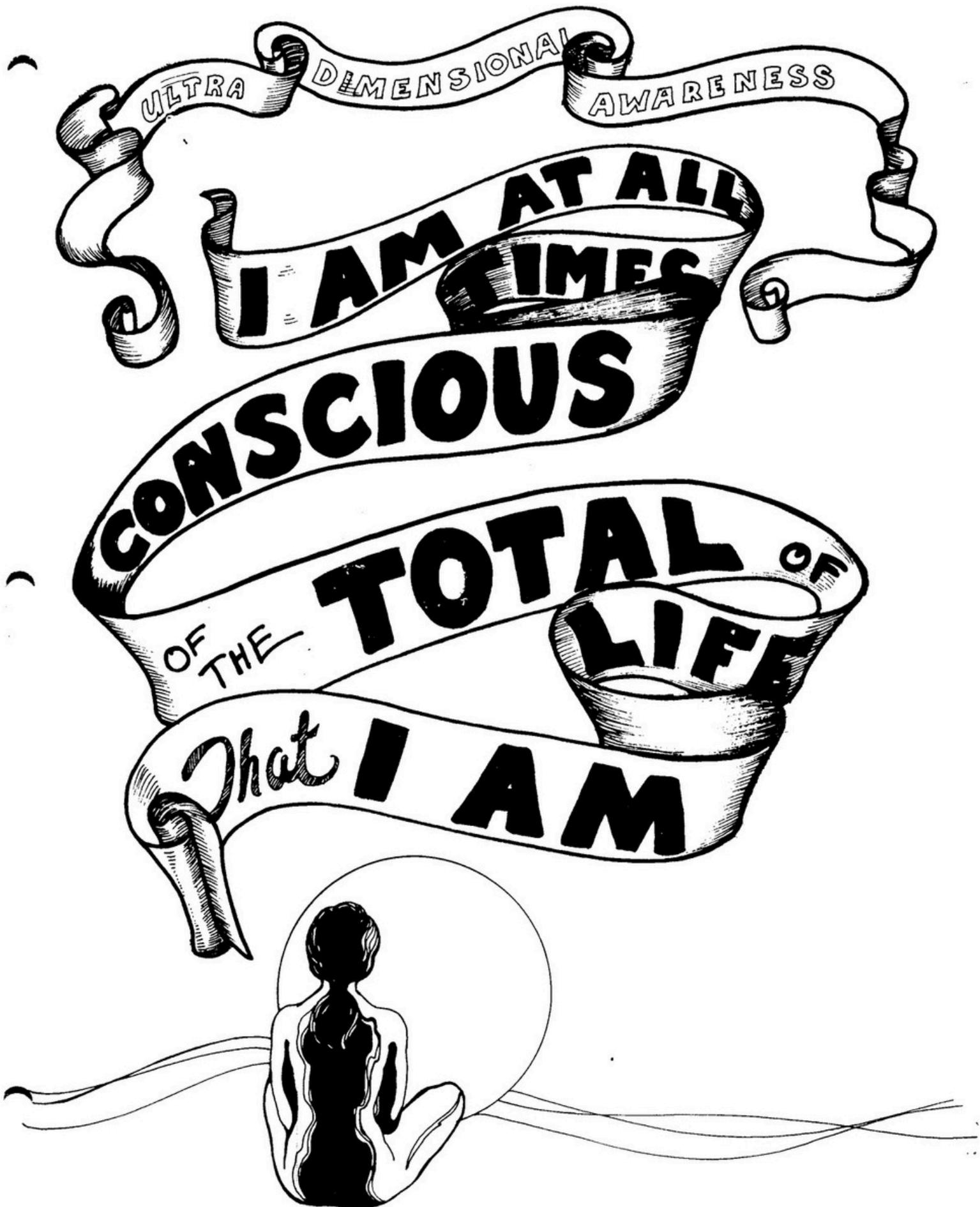
LIVE IN BOTH WORLDS

Keep alive the full consciousness of your oneness that you are as you play out your part in this drama set on the stage of illusion to teach you the Truth that sets you free to move into the Higher Consciousness that identifies you as the whole, and the whole as you.

SUGGESTION

THE CONSCIOUSNESS THAT I AM IS AT ALL TIMES CONSCIOUS OF THE TOTAL OF LIFE THAT I AM, WHETHER IN THE PHYSICAL BODY PLAYING OUT THE ROLE ON THE STAGE OF TIME, OR MANIFESTING THE AWARENESS OF HIGHER DIMENSIONS AS THE BODY SLEEPS.

THE THREAD OF MEMORY THAT CONNECTS MY CONSCIOUS AWARENESS IS NOW INTACT WITH ALL DIMENSIONS OF MY BEING AND EACH BEAT OF LIFE, CALLED A DAY, BRINGS MORE ENLIGHTENMENT AND CONSCIOUS AWARENESS OF MY ACTIVITY ON ALL LEVELS.



*If you are interested in metaphysical discussions visit Meta-Moments on YouTube



*If you are interested in channelings by Don visit Metatations on YouTube