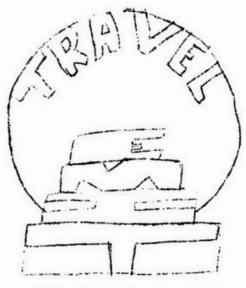
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CREATIVE GUIDELINES



SERIES #1

CLASS #4

THE SECRET OF KARMA

Karma is operational only on the lower levels. To reach the Higher Levels, we must rise above the Law of Karma. To be free of karma, we must remember the past. The past has already happened, but it is not GONE, as long as it has an affect on our lives through the patterns set in motion from the past and kept alive through repetition in the present.

To be free of those karmic patterns that keep us earth-bound, we must face ourselves, admit the mistakes from the past and change the patterns.

The subconscious must be brought under the control of the conscious mind. Then and only then, do you have a chance to grow and expand into the Higher Consciousness as you are intended to.

CAUSE AND EFFECT-

The cause of life, as we know it, is thought generated through the bridge called the "mind" from the Spirit.

The effect is what we see and experience from the earth level. The effect, or the world as we see it, is just a reflection of the Reality of life, or the Cause.

The Law of Karma has come into being to help man refine his thoughts, words and actions. There was a time when man was not held accountable for his thoughts or actions. But, as he dropped down into the lower vibrations, he became blind to the True Reality of being. He saw the distortions of Reality from the lower

levels and thus was not able to judge Righteous judgment.

. . .

He needed a guideline and a check point. The Law of Karma was put into operation to keep him from going too far in his negative thought of destruction, and a way to climb back up to the Higher Levels of consciousness.

Through a concentrated effort in the present, you can break the chains of habit from the past and rise above the karmic law and find your freedom from the lower planes of consciousness.

You are the master of your fate and, through the Power and Wisdom of the Higher Self, you can be free of distortion and illusions.

Watch yourself closely! Take inventory of yourself, your reactions in your daily life. Become aware of the distortions in your thinking patterns that keep you from the peace and happiness that you desire. Face yourself! Be honest with yourself! Admit your mistakes so you can CHANGE them.

With your new-found ability to travel in time, trace the pattern back to its beginning, make the adjustments in your thinking and bring the Truth into focus in this situation and clear the distorted patterns up to the present. Watch yourself closely as you go through the immediate future to see that the old pattern does not come back in, all the time reinforcing the new pattern of Truth to get it well established.

