

The title "Beyond Time" is written in a large, elegant cursive script. To the left of the title, a black silhouette of a person is shown sitting on a thin, horizontal line. This line extends from the person's feet and continues to the right, where it loops and swirls around the base of the title, creating a decorative flourish.

## THE ILLUSION OF TIME

TURN LOOSE OF CONCEPTS

We begin this Class by turning loose of the concepts of the past and of the future. Eternity has no beginning and has no ending, because eternity is not involved with the illusion called time. Eternity is here and now. The here and now is all there is. The here and now is everything on one end and nothing - no thing - on the other end. The here and now is both everything and nothing because the here and now contains all. And upon hearing your questions, "what of the past, the deeds of the past and the words of the past, and what of tomorrow and the things that will happen tomorrow?" I say to you that eternity contains all.

CONCEPTS ARE ILLUSIONS

The concept of past and future is an illusion like the concept of death. Because life is and if life is, then there cannot be death. Life is right now, life is here and now. I exist. You exist. When? Now! And you say to me, "But I did exist in the past, and I will exist in the future." And I answer, "The past is now, the future is now. Now is all there is." And you ask me, "Why should I make a plan for the future?" And I reply that the plan you make exists now.

LIVE IN THE PRESENT---NOW!

Assume the role - - BE. You cannot be in the past. You cannot be in the future. You can only be now. To feel guilt or regret about the illusion of the past or fear and anxiety about the illusion of the future is to live in madness, because there is no past and there is no future. There is only now. What will you be now? It is your choice. Will you be happy? Do you choose to be sad? Do you choose to be prosperous? Do you choose to be in poverty? Whatever your choice of thought, whatever you feel in your consciousness at this moment is what you are, because you create your conditions as they are this very moment by your choice of thought.

LEAVE ALL TRAPS BEHIND

Time is an illusion, a trap, a snare that catches you in its clutches and weaves a web of falsity, of illusion. Would you be caught in the trap of time, a slave to the guilts and regrets of the past or even the memories of the past, haunted by the ghosts of the past? Or would you be a slave to concern, worry and anxiety about what might happen tomorrow? Tomorrow never comes; when it does it is today, now, here. There is no such thing as time or space, there is only here and now, and you exist in the here and now. You exist....I exist....in eternity. Eternity knows not the concept of time, nor is it concerned with the past or the future. Eternity is now.

SUGGESTION

I NOW ACCEPT MY FREEDOM FROM THE CONCEPTS OF TIME AND SPACE, SO THAT I AM FREE TO MOVE INTO THE UNDERSTANDING OF THE COSMOS. I NOW REALIZE THAT I AM A CHILD OF LIFE EVERYWHERE PRESENT, AND BY ACCEPTING MY FREEDOM FROM THE CONCEPTS OF TIME AND SPACE, I LEARN TO ACCEPT MY FREEDOM TO EXPERIENCE ANY AND ALL DIMENSIONS OF LIFE.



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