



*Beyond  
Time*

THE JOY OF BEING

UPS AND DOWNS!

Life, as we know it from the physical plane, is for most people, a series of ups and downs, a series of good and bad, or in other words, experiences of duality. To live in Eternity, bringing all your attention to the present moment, and giving it all you've got, you cannot continue to believe in duality.

NO DUALITY

In True Reality, there is no duality. There is no such thing as good and bad, large and small, black and white, etc. As Einstein proved, everything is relative. Everything is relative to everything else. Another way of putting it is that there is only one life in all creation. You and I, the grass, birds and bees, the sky and clouds are just different expressions of the one Life that we call God.

ONE WITH ALL LIFE

If this were realized by everyone, it would be impossible to go to war, because we would be waging war against ourselves, just as if the thumb on your right hand were to go to war with the other four fingers. Ridiculous, you say. Not any more ridiculous than the different expressions of God waging war against each other.

ALL ARE NEEDED

The thumb needs the other four fingers to do its work and serve its purpose. And you and I need each other and everyone else to serve our purpose in life. We need to realize that we are not separate, but that we are one with all life everywhere present.

THE MAGIC KEY -

Now, bring your attention to the present moment, giving it everything you've got, and at the same time, realize that you are one with all life everywhere present in all of creation. You have just added two more dimensions to your consciousness, the Eternal NOW, and ONENESS with all life.

SUGGESTION

I AM, RIGHT NOW, THE EXPRESSION OF LIFE THAT HAS NAMED ITSELF GOD. I ACCEPT THE REALITY OF MY BEING WHICH IS DIVINE, AND I ASSUME THE ROLE OF MY TRUE IDENTITY, PUTTING ASIDE ALL MASKS OF ILLUSION, BECOMING RIGHT NOW THAT WHICH I AM, HAVE ALWAYS BEEN AND ALWAYS WILL BE.



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