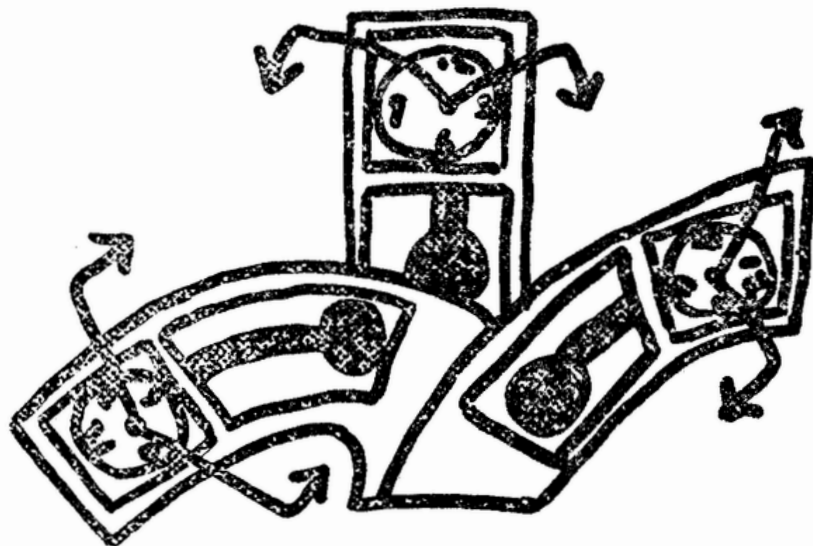


TIME TRAVEL #2

CLASS #2

BENDING TIME



By running the reel of time backward, or regressing into the past and becoming aware of the events of the past, you have control of time to that extent. If you

can run the reel of time backward, you can run it forward to see what will be in your future. This could be called "Bending Time."

Learning to bend time can be helpful to your Soul's Growth, because it can help you to know more accurately where you are in your growth and what you need to change, create, or adjust to make the picture come out more to your liking.

YOUR FUTURE IS CREATED BY THE PATTERNS FROM THE PAST, RE-INFORCED IN THE PRESENT, AND CONTINUED TO THE FUTURE.

You can bend time to the future by projecting the patterns forward from the past into the present. By observing these patterns in the "space time continuum", you have a fairly accurate picture of your future.

If you do not like what you see and you wish to change your future, you can alter, erase, or discontinue these patterns from the past, and consciously project different patterns from the present into the future, thus changing your future.

Re-inforced with the power of Divine Love and working through the Higher Self, the new patterns can be established on the "time track" to over-ride the old unwanted patterns, and, in time, obliterate and replace them.

Time is the element used for change, change from the old to

## BENDING TIME PAGE 2

the new, from the lower to the Higher. Time is needed on this level of consciousness to make the change because we are still involved with the concept of time. By learning to bend time, you can speed up the time it takes to make the change.

Time does not exist in the Realities of Eternal Life, because in the True State of Being, there is no change. ALL is perfect, whole and complete. As you learn to bend time, by looking, honestly, and fearlessly, at your past, changing it in the present, you move a step closer to discovering the Truth of Life that everything exists here and now in the present moment. The Eternal NOW holds the secrets of all life. By learning to live completely in the present moment, you are stepping outside of TIME. You are then no longer controlled by time. This means you are no longer controlled by your past conditioning or your patterns from the past.

We have not yet learned to have complete control of our minds and live completely in the present moment. So, let us take it one step at a time. First thing FIRST, and move toward that moment when we will be free of the illusionary concept of the past and meet it head on by facing the "dragon" in its lair. We can do this by working through the Higher Self, taking an honest look at the patterns in the present, and tracing them back into the past, finding their beginning and digging them out by the roots.

Wisdom erases Karma! Jesus said, "know the Truth and the Truth will make you free." Let the courage from the Higher Self be in your conscious awareness and face up to YOURSELF. Be honest and fearless about whatever might have happened in your life, no matter whether it was yesterday, 10 years ago, or 10 life-times ago. Look at it. FACE IT! This is the only way you are going to be able to change it and be free to bring yourself up to date and move into the Consciousness of the Eternal Now and step outside of time on a permanent basis.

(over)

BENDING TIME PAGE 3

SUGGESTION

I AM NOW READY AND WILLING TO WORK TOWARDS MY FREEDOM FROM THE CONCEPT OF TIME. MY MIND IS NOW OPEN TO ESTABLISH THE CONSCIOUSNESS OF THE ETERNAL NOW BY FACING UP TO MYSELF AND MY PAST.

I AM LEARNING TO ACCEPT MYSELF, FAULTS AND ALL, AND BE HONEST WITH MYSELF ABOUT THE PATTERNS FROM THE PAST THAT ARE PROJECTING THEMSELVES INTO MY PRESENT AND THREATENING MY FUTURE WITH THEIR CONTINUANCE.

I NOW REALIZE THAT HONEST, FEARLESS HOUSE-CLEANING MUST BE DONE TO BE FREE. WITH THE HELP OF THE HIGHER SELF, I AM NOW OPEN AND READY TO MAKE A BEGINNING THAT WILL BRING ABOUT AN END OF TIME.



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