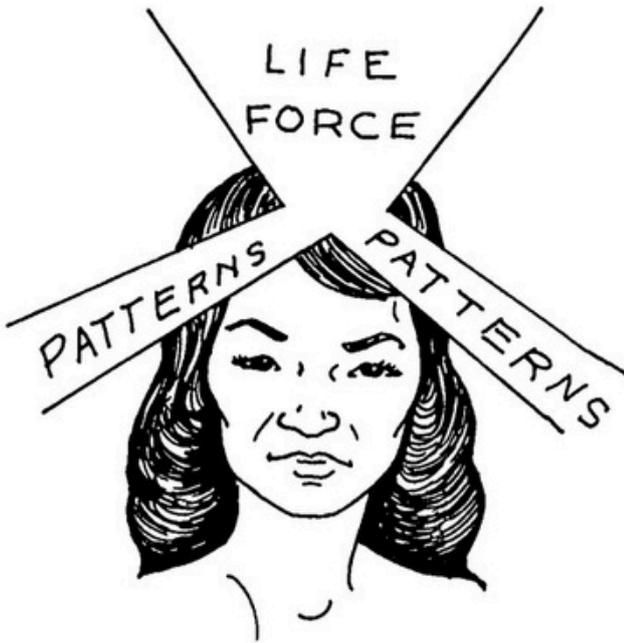


CONSCIOUSNESSPURPOSE

Our consciousness is activated by the Life Force constantly streaming through us. We are aware of our existence. Our life is projected on the screen of our mind according to our preconceived ideas, our concepts of the past. A large percentage of these have been formed in the past in such a subtle way that we were not aware that they were being formed or we forgot them.

Without knowing it consciously, much of the time, we work against ourselves through the practice of negative and fearful thoughts. We are born into the negative atmosphere of this planet, where 90% of the people are negative 90% of the time. We are conditioned and programmed in a negative and fearful way as we grow up. We don't stop to think, and we accept it as NORMAL.

HIDDEN PATTERNS

These patterns are often completely hidden from you. You may vaguely wonder why you do a certain thing in such a way. Sometimes the thought patterns and consequent acts or reactions are so close to you that you are not aware of their existence. If asked WHY you do it, the answer may be completely unrealistic or you may blame others for your actions.

This kind of thinking tends to make us feel separate, separate from others and from the main stream of life. If this feeling is very strong, we take on the concept that we are different than everyone else, that we are unique, no one else is like us. No one else has the "SAME PROBLEM."

We are so close to ourselves that, most of the time, we can't see the trees for the forest in ourselves. Most people are defensive and will automatically make an excuse without thinking rather than saying, "I don't know why I did it." We must learn to be honest about ourselves, especially WITH ourselves. In this way we will know what corrections need to be made.

When we feel separate from others and the main stream of life it only widens the imaginary gap between us and others. These feelings may not be active on the conscious level, but exist as a subconscious undercurrent, having the same negative effect.

All this has a great deal to do with the lack of confidence in one's self. To counteract this negative conditioning, we must recondition in a positive way.

Jesus said, "Know the Truth and the Truth will make you free." In this statement He is speaking of the Real Truth from an Eternal Level of Power and Wisdom, NOT physical facts.

By accepting this on the conscious level, we are inspired to take action and to recondition the conscious and subconscious. The conscious mind must make the decisions and take action for the subconscious, because the subconscious has very little reason and logic to work with. It is the function of the conscious mind to be in charge, to make decisions and instigate the action to bring about the change both on the conscious and subconscious levels.

POWER OF THE CREATOR

There is within each of us the Power of the Creator of all the universe, for we are created in His likeness and image. He has given us FREE WILL and we can use this power as we wish. This power is working sluggishly or very slow in some and very profusely in others, according to our belief and our ability, sometimes unconscious, to use it.

It is very important that we realize the Divine Potential within us, knowing that It is there and can be brought out. The first step to bringing It out and making It available to us is the REALIZATION OF ITS PRESENCE.

LIFE FORCE

This power is the Life Force Itself, or God in action. It, or God, is completely impersonal having given us free will. This power can be used in a destructive or constructive way.

Our work is to become aware of HOW we are using the Life Force and make changes in our concepts, according to the out-picturing of our life that we desire.

The Life Force, or God action, is constantly flowing through us. We are constantly making choices, with every thought we think, on HOW to use it. There is no escape from this, because we ARE alive and will be throughout eternity.

HOMEWORK

Daily: Read current notes each day

Do suggestion of the week in self hypnosis each day

Listen to class tape once each day

Extra: Listen to personal tape each day

Read supplementary inspirational material to keep your thoughts going in the right direction

SUGGESTION FOR THE WEEK

THROUGH THE VIBRATIONS OF TRUTH AND THE UNDERSTANDING OF DIVINE LOVE, I AM RAISING MY CONSCIOUSNESS TO A HIGHER LEVEL, RISING ABOVE THE EARTH DARKNESS AND FEAR, INTO THE LIGHT OF UNDERSTANDING.

THROUGH THE DAILY APPLICATION OF THIS HIGHER LEARNING, I AM GRADUALLY FILLING MY CONSCIOUSNESS, MY SELF, WITH THE SUBSTANCE OF ETERNAL WORTH. AS EACH DAY GOES BY, I MOVE CLOSER AND CLOSER TO BECOMING CONSCIOUS OF AND DEMONSTRATING THE TRUE PATTERN OF PERFECTION THAT I AM.



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