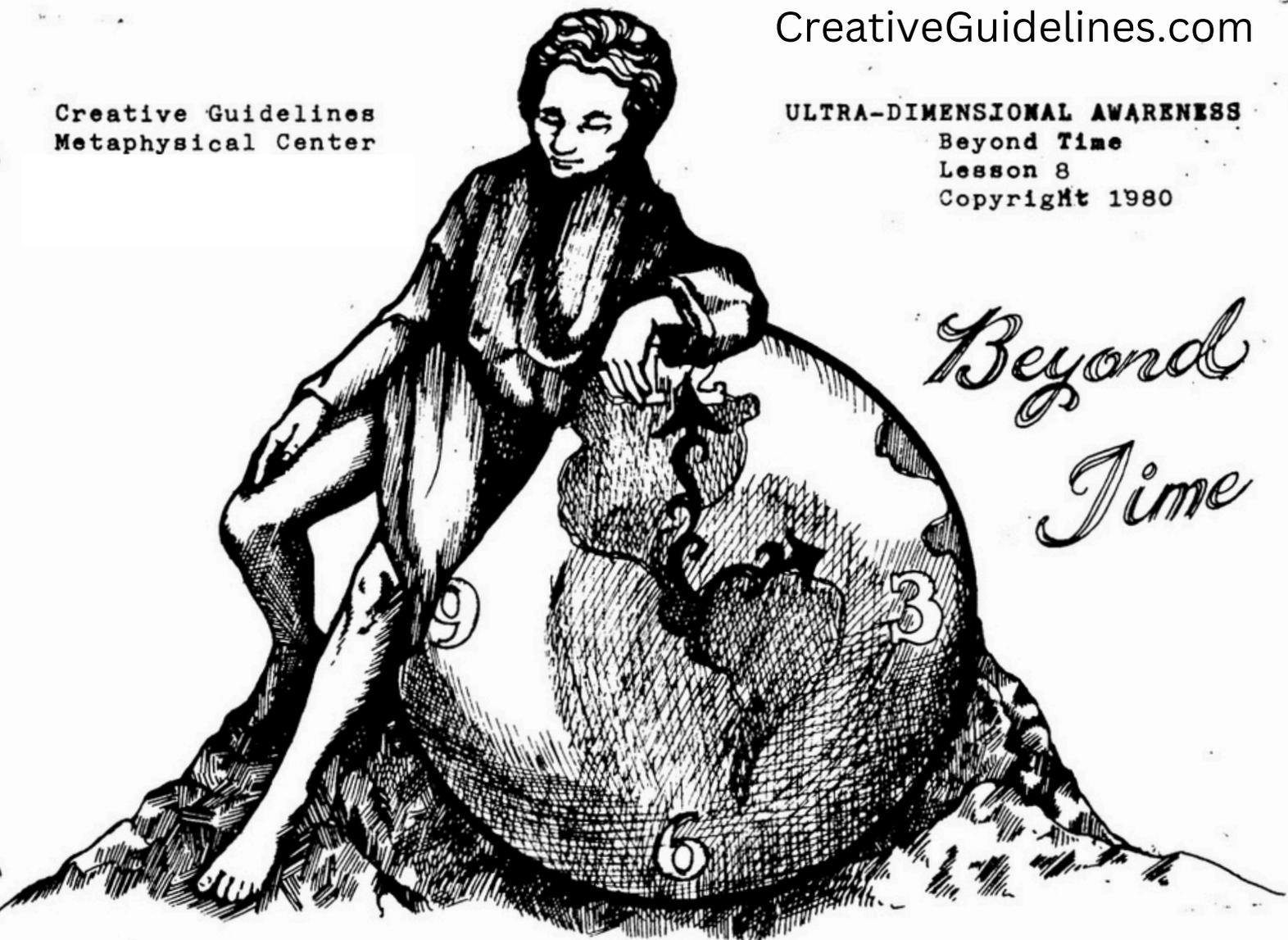


Creative Guidelines  
Metaphysical Center

ULTRA-DIMENSIONAL AWARENESS  
Beyond Time  
Lesson 8  
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TOTALLY FULFILLED

MOVE UP IN CONSCIOUSNESS

As you move upward in consciousness, through the technique of nowness living, you bring to the point of now the full power of Eternity, yours to do with as you will.

PRACTICE AND PATIENCE NEEDED

Learning to accept the Eternal Nowness of Eternal living, and bringing the power and glory into focus in your present now, may take a little practice and patience.

IN THE WORLD--BUT NOT OF -IT!

Learn to step outside of the game of time as often as you can, bringing more of the Grandeur of the Higher Forces of Life that you are now tuning into through living in the present moment.

LIVE FROM THE HIGHER VIBRATIONS

Taste the sweetness and flavor of the Higher Vibrations as your thoughts remain in the ever present now. Practice assuming the role of Eternal life living, that can only be experienced as you capture the ability to live right now to the fullest.

ONE WITH ALL

Feel the exhilarating flow of the Power-filled Life Force that fills your whole being, with its overwhelming knowing of your completeness as you realize that you are one with all life and all life is one with you.

WAKE UP YOUR MANY SENSES

Reach out with the Inner Image to wake up more of those 50 some odd senses that have laid dormant for so long.

STIMULATE HIGHER SENSES

Bring them into active awareness through stimulation of these Higher Senses with the inner image and awaken the memory of long ago experiences when you were closer in consciousness to the Heart of Life.

FEEEL THE FATHER

Let the Father hold you close to His breast and feel the surge of great power from His Heartbeat that sends out life to all His creations. Feel the oneness with Him as He draws you closer and closer to the center of all existence with His all encompassing Love.

BE TOTALLY FULFILLED

Rise on the wings of Joy that brings the understanding of Bliss and Ecstasy that lifts you Higher and Higher until you know the sweet fulfillment that accompanies the full release to Him.

SUGGESTION

I AM THAT WHICH I DEEM MYSELF TO BE. I NOW ACCEPT THE FULLNESS OF LIFE ETERNAL AND EXPERIENCE THE ONENESS OF ALL THAT IS, INSIDE OF THIS ENTITY I CALL MYSELF, REALIZING THAT MYSELF IS THE SELF OF ALL EVERYWHERE PRESENT IN ALL EXISTENCE.



\*If you are interested in metaphysical discussions visit Meta-Moments on YouTube



\*If you are interested in channelings by Don visit Metatations on YouTube