

Creative Guidelines
Metaphysical Center

Spiritual Intensity
Lesson 4
Copyright 1978

TRUTH



TRUTH is a living, breathing aliveness.

MUST BE FED

As you receive the Truth it must be fed and nourished and kept alive. If it is allowed to stagnate, it will crystalize and become sterile and be bound in a mold.

KEEP ALIVE

Life is ever pulsating, creating and re-creating Itself. Truth is a part of life and must be kept alive by adding to it more Truth, more Understanding.

ALL EVOLVES

Life does not stand still---It evolves. So does Truth, Understanding and Wisdom. There is no standing still for any part of life.

CONTINUALLY GIVING

The Word of God that feeds the soul is continually giving more to Itself.

CONCEPT OF TIME

When man, with his free will, wants to coast or stand still in his growth, he hides in the concept of time. And, for a "time" he may hide, but his Soul will not let him tarry long until it pushes him on with a feeling of dissatisfaction, an empty, boring blah nothingness, because of the GAME of hiding from himself and he reaches out to find more Understanding, more Life, more Growth.

NO SHORT CUTS

So many are looking for the "short cut", the MAGIC WAND to quickly transform their lives into something better. You don't need a short cut or a wand. All you need do is step into the STREAM OF LIFE and get yourself out of the way. The flow of Life is upward, evolving to more and better life. The only thing that can stop you from evolving into Higher Consciousness is YOU, your Free Will stepping out of the flow of life, hiding in T I M E.

MEDITATION OF THE WEEK

LET ME REST NO MORE, OH MY SOUL, ON THE SHORES OF TIME. LEAD ME SWIFTLY INTO THE ONRUSHING WAVE OF LIGHT THAT SHINES BRIGHTLY IN MY MIND TO GIVE ME GREATER UNDERSTANDING, THAT I MAY FEED ON THE TRUTH OF THE ETERNAL NOW AND STEP FREE FROM THE CHAINS OF ILLUSION THAT WOULD BIND ME TO THE LOWER VIBRATIONS OF FORGETFULNESS.

I AM THE ONE LIFE THAT IS, THAT ALWAYS HAS BEEN AND ALWAYS WILL BE IN THE PRESENCE OF ETERNITY NOW.



*If you are interested in metaphysical discussions visit Meta-Moments on YouTube



*If you are interested in channelings by Don visit Metatations on YouTube