

VISIONPURPOSE

Vision is the ability to see. Physical vision is the ability to use the physical eye to report to the brain and then to the mind what appears to take place on the physical plane. Mental vision is the ability to look beyond the physical, into the mind or mental levels. Spiritual vision is the ability to look beyond the mental and physical levels to the Spirit or Spiritual levels.

Man thinks that the ability to see with his physical eye is his most valuable asset and as far as the physical plane is concerned this may be true. But physical vision compares very small with mental and spiritual vision.

PHYSICAL VISION

As we view life from the surface of the physical level, we see sin, evil, heart-break and a cloud of uncertainty in the hearts and minds of most. We become aware of many problems that weigh heavy. FEAR is the motivating force for most and HOPE is crushed out through the inability to COPE.

To see yourself as only a physical being is to see only 2% of your total being. This kind of concept will keep you earth bound. To be able to use Inner Vision we must take our attention off the outer physical plane and place it within, into the inner realms of mind and spirit.

INNER VISION

There is so much more to life than just the physical. When you can use the Inner Vision it helps the physical existence to be so much more.

As we view life from the higher level of True Reality, we see that there is a reason and purpose behind everything, every individual, every situation. Life does have a meaning, not just part of life, but ALL life, (your life, my life and every phase of the individual and overall life). The purpose and meaning is GROWTH and LEARNING. Anything that happens to or around you can be used for your growth. So you can truly be grateful for ALL things.

It is helpful to understand the principles and laws of life. Any time we are fearful, emotionally disturbed or depressed about ourselves, others or events around us, it is because we are viewing life from the limited, physical surface.

We see only the effects and react from the point of awareness that is incomplete. We are not seeing the FULL picture.

By raising your consciousness and viewing the situation from the point of True Reality, you also see the CAUSE and understand WHY. If changes are indicated, you can then make these changes from the level of the CAUSE, thus cutting off or changing from the source. If you have a faucet turned on full blast, which is running water into a bucket and you try to empty it with a teaspoon, you will not get very far. But, if you first turn OFF the faucet you will be able to empty the bucket, even with a teaspoon.

VISION OF THE FUTURE

To have a vision of the future is to tune in to the patterns of the mind, either an individual mind, or the overall mind called the Universal Mind. The future can be changed by changing the mental patterns. To make the change complete, it must be a total change in the thinking patterns. The change must be on ALL levels. Any slipping into "old ruts" will distort the change or delay it.

You desire to make changes and improve your life and raise your consciousness. You are not yet perfect, so there will be times that you slip back into "old habits". This is why progress seems so slow at times. Just be patient with yourself, keep on "keeping on" and the progress will come.

CONCEPTS OF YOURSELF

Your concepts of yourself and life are the way you see yourself and life, or the vision of yourself and life. It is the Creative Force and It creates your future. This is why you can have anything you want or be anything you want.

You are already what you have created your life to be by your concepts from the past. The concepts you are holding in the present are right now creating your future.

HOMEWORK

Daily: Read current notes each day

Do suggestion of the week in self hypnosis each day

Listen to class tape once each day

Extra: Listen to personal tape each day

Read supplementary inspirational material to keep your thoughts going in the right direction

SUGGESTION FOR THE WEEK

I AM NOW READY TO SEE THE REAL TRUTH ABOUT MYSELF AND LIFE FROM THE HIGHER VIEW OF SPIRITUAL VISION. FROM THE PHYSICAL, I SEE THE PROBLEM. BUT THROUGH SPIRITUAL VISION I KNOW THERE IS AN ANSWER. THE ANSWER IS TO IDENTIFY WITH THE SPIRIT OF TRUTH, HOLDING HIGH MY VISION.

I NOW SEE A BRIGHT, HAPPY, BEAUTIFUL, ABUNDANT FUTURE FOR MYSELF AND I INTEND TO KEEP SEEING IT UNTIL IT IS MANIFESTED IN THE PHYSICAL.

I IN-VISION WHAT I WANT TO BE IN THE OUTER VISION AND IT COMES AT MY BIDDING, FOR I NOW KNOW THAT EVERYTHING COMES FROM WITHIN --- COMES FROM ABOVE - DOWN.



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